

What are essential oils?

Essential oils are a fragrant oil found in many plants that can be extracted by distilling plant material. Essential oils help plants to do a variety of things such as protect against insects, close wounds and cuts, protect the plant's cells, transport nutrients in the plant, and support the immune system of the plant during times of challenge.

What do essential oils do?

Similar benefits are available to people, too. Using a genuine essential oil is a way to help manage day to day stresses, promote relaxation, deal with occasional aches and pains, detoxify your body's cells, and support your overall health and immune system. Hundreds of thousands of people use essential oils every day to help increase their energy, support their focus and productivity, and live healthy, happy lives. Chances are, you already know one of these people! *(They probably shared this with you!)*

Who can use genuine oils?

Genuine essential oils are non-toxic, natural remedies from nature. When used responsibly, and properly, these oils can be helpful to every member of the family. Babies, young children, pets, pregnant and nursing moms, senior citizens, and people of all ages can enjoy the benefits of essential oils. Special guidelines are available to help guide you in how to safely use these oils with most groups of people! And you don't have to guess, either. There are a wide variety of good quality, reliable references for you to consult. No need to be an expert or know an expert!

Where can I get them?

Essential oils are available in many places. Health food stores, the internet, and small retailers all sell their own brands of essential oils. Network marketing companies like Young Living Essential Oils also sell essential oils through word of mouth recommendation.

Who do you recommend?

Did you know that there is no such thing as a certified essential oil? That is just a marketing term, just like the term "therapeutic grade". There is no objective, third party standard for what constitutes a "good" essential oil, and no government or industry agency certifies essential oils. Even guarantees of "100% purity" don't have to be backed up with evidence.

Did you also know that no one regulates the quality or purity of essential oils in the United States? It is completely up to the seller to choose whether or not to independently test for quality and purity, and many do not. Essential oils are BIG business and budget brands of essential oils are frequently found to have been altered to stretch the oil, or have substandard botanical compositions. Even some prominent online essential oil sources have been found to have oils that had been altered, or were mislabeled as the wrong oil all together. It pays to be selective! Saving a few dollars doesn't really help in the long run if the oil you get isn't genuine or pure, or just plain doesn't "work".

We recommend Young Living Essential oils because:

- They have been an industry and research leader for over 20 years, one of the longest in the business. They currently have the largest library of essential oil data in the industry.
- They are the ONLY essential oil seller to have their own farm land (on several different continents), grow much of their own plant material, and distill their own essential oils before they rigorously test their quality and purity at their own internal labs, and also at third party labs. All partner farms are also held to these same exacting standards.
- EVERY OTHER COMPANY purchases their essential oils already distilled from a broker or other third party. No one else farms, no one else distills. Very few actually even test, and less use third parties to test in addition to internal tests. *Young Living is actually the only one to do ALL of it.*
- This commitment to quality yields the most therapeutically beneficial (providing noticeable health benefits) essential oils available. If you are looking for a noticeable difference, you should be looking for the objective quality and botanical composition. We encourage you to look into the practices of all companies you consider, and compare these practices carefully.

Please speak with the Team Natural member who shared this flyer with you for more details!



Name: _____
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